



Development Squad Criteria



Development Squad is the first competitive training squad at York City Baths Club. The aim of the squad is to build on the basic technical skills learnt in teaching to prepare the swimmers for their first competitions.

The squad is for swimmers aged between 8 and 12 years old and offers four pool sessions a week and one land session per week.

Minimum Attendance Requirements:

Swimmers should maintain these standards to remain in the squad

- 8-9 Years - Two training sessions each week
- 10-12 Years – Three training sessions each week

Attendance will be regularly monitored by the coaching team.

Competitions:

- Four competitions each season including Club Championships

Please note these criteria apply equally to all squad swimmers irrespective of any swim sessions, or other complimentary sporting activities, that a swimmer may regularly participate in outside of the Club.

Allowances will be made during busy exam periods, and for other exceptional short-term circumstances e.g. recovery from injury/illness. Any concerns regarding a swimmer's ability to meet the criteria should be discussed with the squad coach in the first instance.

Performance Pathway:

County Squad

Promotion into County Squad will be based on a continued assessment from the Squad Coach and approved by the Head Coach. This assessment will be based on the following:

- Technical skill over four strokes
- Racing Performance
- Attendance (Swimmers must be achieving the minimum attendance criteria throughout the year)
- Attitude to training

Junior Club Squad

Swimmers aged 11 years old and over that have demonstrated a commitment and desire to continue with competitive swimming may be offered a place in Junior Club Squad.