

Qualifying Times

Open / Male			Event	Female		
Born 2008 or younger	Born 2006/2007	Born 2005 or older		Born 2005 or older	Born 2006/2007	Born 2008 or younger
25/50m	25/50m	25/50m	Event	25/50m	25/50m	25/50m
24.70	24.10	23.00	50m Freestyle	26.60	27.00	27.20
53.80	52.10	50.40	100m Freestyle	57.70	58.20	59.00
1:58.00	1:55.00	1:51.50	200m Freestyle	2:05.00	2:05.40	2:07.50
4:13.30	4:05.60	3:59.70	400m Freestyle	4:24.20	4:24.50	4:28.40
8:48.30	8:37.00	8:25.40	800m Freestyle	9:07.00	9:11.70	9:17.40
16:47.00	16:30.00	16:25.00	1500m Freestyle	17:45.00	17:50.00	18:04.00
30.90	30.40	28.70	50m Breaststroke	33.00	33.40	34.00
1:08.20	1:06.10	1:02.70	100m Breaststroke	1:11.70	1:13.00	1:13.50
2:29.00	2:26.00	2:18.30	200m Breaststroke	2:36.30	2:39.00	2:39.50
26.70	26.00	25.00	50m Butterfly	28.60	29.00	29.10
59.30	57.60	55.40	100m Butterfly	1:03.10	1:04.00	1:04.50
2:15.00	2:09.50	2:07.00	200m Butterfly	2:22.00	2:22.50	2:24.00
27.80	27.40	26.50	50m Backstroke	29.70	30.20	30.30
59.80	58.30	57.50	100m Backstroke	1:03.50	1:04.50	1:05.50
2:11.50	2:08.00	2:06.00	200m Backstroke	2:18.40	2:20.00	2:21.00
1:02.50	59.60	58.40	100m Ind. Medley	1:07.00	1:07.20	1:07.50
2:13.50	2:09.00	2:06.00	200m Ind. Medley	2:22.50	2:22.70	2:23.70
4:46.50	4:39.00	4:34.00	400m Ind. Medley	5:03.50	5:04.00	5:04.50

Entry times for individual entrants from Swim England, Scottish Swimming or Swim Wales must be recorded in British Rankings, from Swimming competitions designated or Licensed at Level 1 or 2 since 1 September 2023.

Times can be achieved in either a 50m or 25m pool. The fastest time will be used for entry. There will be no conversions.

Closing date for entries is 12 noon, Wednesday 27 November 2024.