THE YORKSHIRE S.A. CHAMPIONSHIPS 2025 - STANDARD ENTRY TIMES

LONG COURSE TIMES - COVERSIONS FROM SHORT COURSE ALLOWED. ALL TIMES MUST BE RECORDED IN BRITISH RANKINGS AT LEVELS 1-4 ACHIEVED BETWEEN THE 1ST JANUARY 2023 AND THE CLOSING DATE

| OPEN/MALE | 10/11yrs | 12yrs | 13yrs | 14yrs | 15yrs | 16yrs | 17&over |
|-------------------|----------|---------|---------|---------|---------|---------|---------|
| 50m Freestyle | 39.4 | 36.5 | 33.6 | 30.9 | 29.7 | 29 | 26.4 |
| 100m Freestyle | 01:24.0 | 01:17.8 | 01:10.7 | 01:06.0 | 01:02.8 | 01:00.3 | 57 |
| 200m Freestyle | 03:06.2 | 02:49.8 | 02:34.6 | 02:25.0 | 02:19.6 | 02:14.7 | 02:08.2 |
| 400m Freestyle | 06:55.8 | 06:15.5 | 05:32.0 | 05:11.1 | 05:01.5 | 04:54.5 | 04:35.7 |
| 800m Free | | 12.26.5 | 10:41.0 | 09:57.0 | 9.51.0 | 09:48.0 | 9.03.0 |
| 1500m Freestyle | | 23:35.0 | 20:48.0 | 19:28.0 | 18.56.0 | 18.40.0 | 17.40.0 |
| 50m Backstroke | 45.9 | 42.8 | 39.6 | 36.8 | 35.3 | 34.7 | 31.3 |
| 100m Backstroke | 01:35.6 | 01:28.9 | 01:22.6 | 01:16.3 | 01:13.7 | 01:11.5 | 01:06.2 |
| 200m Backstroke | 03:29.2 | 03:13.2 | 02:56.3 | 02:45.0 | 02:44.4 | 02:35.0 | 02:30.0 |
| 50m Breaststroke | 52.7 | 48.5 | 45.1 | 40.7 | 39.1 | 38.3 | 34.4 |
| 100m Breaststroke | 01:49.1 | 01:42.1 | 01:35.2 | 01:27.0 | 01:22.5 | 01:19.8 | 01:15.0 |
| 200m Breaststroke | 04:05.6 | 03:39.6 | 03:28.1 | 03:09.5 | 03:03.9 | 02:58.6 | 02:55.0 |
| 50m Butterfly | 49.1 | 43.7 | 38.9 | 35 | 33.2 | 32.6 | 29 |
| 100m Butterfly | 01:49.0 | 01:37.0 | 01:23.9 | 01:17.0 | 01:11.5 | 01:09.6 | 01:03.6 |
| 200m Butterfly | 04:10.8 | 03:45.0 | 03:15.0 | 02:50.0 | 02:42.0 | 02:40.0 | 02:30.0 |
| 200m I.M. | 03:28.3 | 03:11.2 | 02:56.9 | 02:43.0 | 02:36.0 | 02:31.3 | 02:23.6 |
| 400m I.M. | | 07:13.7 | 06:18.9 | 05:55.0 | 05:45.3 | 05:41.5 | 05:41.1 |

LONG COURSE TIMES - COVERSIONS FROM SHORT COURSE ALLOWED.
ALL TIMES MUST BE RECORDED IN BRITISH RANKINGS AT LEVELS 1-4
ACHIEVED BETWEEN THE 1ST JANUARY 2023 AND THE CLOSING DATE

| <u>FEMALE</u> | 10/11yrs | 12yrs | 13yrs | 14yrs | 15yrs | 16yrs | 17 & over |
|-------------------|----------|---------|---------|---------|---------|---------|-----------|
| 50m Freestyle | 38.8 | 35.4 | 32.5 | 31.1 | 30.8 | 30.8 | 29.8 |
| 100m Freestyle | 01:23.7 | 01:17.0 | 01:10.0 | 01:06.9 | 01:06.5 | 01:05.1 | 01:04.5 |
| 200m Freestyle | 03:04.8 | 02:49.0 | 02:31.6 | 02:25.1 | 02:25.0 | 02:21.3 | 2.21.0 |
| 400m Freestyle | 06:55.0 | 06:05.0 | 05:24.0 | 05:09.3 | 05:06.3 | 05:00.8 | 04:57.5 |
| 800m Freestyle | | 12:04.7 | 10:46.7 | 10.16.0 | 10.03.0 | 10.03.0 | 9.50.5 |
| 1500m Free | | 22.50.0 | 20.50.0 | 19:41.3 | 19.35.0 | 19.20.0 | 18:49.0 |
| 50m Backstroke | 45.7 | 41.2 | 37 | 36.2 | 35.8 | 35.5 | 34.5 |
| 100m Backstroke | 01:34.9 | 01:26.5 | 01:19.7 | 01:16.6 | 01:15.2 | 01:14.0 | 01:13.5 |
| 200m Backstroke | 03:27.9 | 03:11.5 | 02:51.8 | 02:44.6 | 02:44.0 | 02:43.9 | 02:43.5 |
| 50m Breaststroke | 52 | 46.5 | 42.9 | 41.9 | 41.5 | 41.4 | 38.8 |
| 100m Breaststroke | 01:47.7 | 01:40.0 | 01:31.2 | 01:27.7 | 01:27.5 | 01:26.4 | 01:23.3 |
| 200m Breaststroke | 03:57.1 | 03:37.0 | 03:17.8 | 03:09.0 | 03:08.5 | 03:07.5 | 03:07.0 |
| 50m Butterfly | 46.8 | 41.5 | 36.3 | 35 | 33.3 | 33.2 | 32.5 |
| 100m Butterfly | 01:45.5 | 01:34.0 | 01:21.0 | 01:15.5 | 01:15.0 | 01:13.1 | 01:13.0 |
| 200m Butterfly | 04:05.0 | 03:35.0 | 03:10.0 | 03:00.0 | 02:52.0 | 02:51.0 | 02:47.0 |
| 200m I.M. | 03:23.3 | 03:10.3 | 02:49.0 | 02:42.1 | 02:42.1 | 02:39.2 | 02:38.5 |
| 400m I.M. | | 07:05.0 | 06:10.0 | 05:52.3 | 05:52.0 | 05:51.3 | 05:51.0 |